



Possibilities

* Audio CD (\$300-\$700)

Inexpensive, simple, and most important!
At least get your loved one's story taped
before it's too late!

- decide what to do with it later, if anything
- average number of hours for a fairly complete life story is 4-8
- taped in the comfort of home

* Video DVD unedited can be done simultaneously with audio taping (add \$50/per audio session)

* Narrative video (\$1,000-\$3,000)
Video edited to tell your story. Selected clips interwoven with still photos, voice over and music.

* Bound Book (\$5,000 - \$10,000)

Transcript edited into narrative story, enhanced by photos and bound into a book that can be passed down the generations. An involved, committed process.



Photo by CW Doctor; permission Jayne Murray

RECOLLECTIONS

Judith Adamson

518-238-3806

jkadamson@comcast.net

Member of Association of Personal Historians

RECOLLECTIONS

Specializing in the recording
of personal and family stories
(before it's too late)



Photo by Alfred Steiglitz

An ordinary life is the
journey of a hero.



There's power and healing in the telling of your life story.



Photo permission Jayne Murray

How many times have we remembered only fragments of a story told years ago by a grandparent or parent and wished it had been recorded or written down? The stories of the dreams, struggles and achievements of our family are rich pieces of history. As time wears away memory, unless these stories are preserved, we risk losing them forever.

RECOLLECTIONS records personal and family histories. An experienced interviewer, in relaxed, informal sessions in your home, guides you to memories of the people and events that shaped your life.

You say you're going to get around to it.... At least get it recorded before it's too late. It's simple, easy and inexpensive. You can decide later if you want to make it into a video or book.



What's a lifetime of memories worth to you and your family?

As a child I'd sit with my grandmother, pouring over her photo album filled with ladies in long, elegant dresses, horse-drawn buggies and later, Model-Ts. She'd tell me stories. Now, 50 years later, I remember only bits and pieces. I wish I had recorded them or written them down. KH

When Judith came to interview my mother, as I left them alone in the living room I thought, good luck getting her to talk. Several minutes later from upstairs, I could hear them laughing and a half hour later I heard my mother crying as she talked. I've never felt very close to my mother, partly because she never expressed herself. After I listened to the tape, I understood why. Judith was able to get her to open up, and now that I know more about Mom's life, we're closer than I ever thought possible. Something between us healed. AR

My children had been asking me to write my life story for years. It seemed like such a huge task; I didn't know where to start. Last spring they persuaded me to be interviewed, and when I started talking I couldn't stop the stories. We did 8 hours of taping and I loved every minute of it despite – and because of – what it brought up. Now my children want to make it into a book so my grandchildren know more about me and the times I lived in. RA



Preserve the memories. What greater gift can you give your children, grandchildren and the generations to come than an understanding of, and connection to their heritage.

